

University of Pretoria Yearbook 2019

Exercise physiology III 320 (SMC 320)

Qualification Undergraduate

Faculty [Faculty of Health Sciences](#)

Module credits 20.00

Programmes [BSportSci](#)

Prerequisites SMC 221

Contact time 2 lectures per week, 1 tutorial per week

Language of tuition Module is presented in English

Department Biokinetics and Sports Science

Period of presentation Semester 2

Module content

*Closed – requires departmental selection.

Allostasis, energy dynamics, fatigue, immune system considerations, muscle hypertrophy, DOMS, NSAIDs, environmental physiology.

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